



SUE WEAVER

WEAVING A HEALING HEARTH

“I am free to express the limitless Being that I am”

Blue Lace Agate is a heavenly pale blue banded chalcedony – a type of microcrystalline or cryptocrystalline quartz. This means that it does not form crystals like quartz, amethyst or smoky quartz, but is made up of many microscopic crystals. Like clear quartz, it is made of silicon dioxide and the tiny crystals are of the trigonal system. When chalcedony displays banding, it is referred to as agate. There are many colours of agate, and blue lace is a descriptive name that refers to its appearance.

Blue Lace Agate cools and soothes the physical body, calms emotions, frees us from limiting thoughts and beliefs and helps us to connect with our higher self.

It can be very helpful where there is pain caused by inflammation. It has been found to lower temperatures in infectious illness and can be really useful during the feverishness of childhood illness, due to its gentle nature.

Of course, nowadays, children are not supposed to experience the illnesses that were common in the past. One view is that immunization protects and ‘frees’ them from these experiences; another viewpoint, however, is that these are important experiences in building a healthy immune system, and that by preventing children experiencing relatively harmless illnesses, we have simply replaced them with more serious and complicated illnesses. We can nurse children through challenging times, and blue lace agate can really help, especially where there is a sore throat or itching.

The spirit of Blue Lace Agate appears to me as a vast blue sky with small puffy white clouds. It helps us to step away from the fears, anxieties and worries of daily life and find peace and tranquility. It can help us move beyond limited perceptions and limiting thoughts and beliefs, to remember who we truly are – vast, limitless beings. It can also encourage us to express this truth, and bring our gifts to the world, especially for shy or sensitive souls who may hold back for fear of being misunderstood, judged or ridiculed.

Blue Lace Agate is polished into tumblestones, carved into spheres, hearts, etc. and made into beautiful jewellery. Because of its relative rarity, good quality stones are more expensive than many other agates and jaspers, but they are still quite affordable. Carry or wear blue lace agate to give a feeling of space and freedom. Wear at the throat to encourage ‘speaking one’s truth’ – or to help a sore throat. Give a piece (large enough not to swallow!) to a hot and bothered child and let them hold it. Place a piece under their pillow or make [crystal water](#) for them to drink.

Hold Blue Lace Agate to the brow to calm fear, anxiety and worry and open the perception to find new solutions and ways of thinking. Create a net of 6 tumblestones evenly spaced around the body to cool the physical, clear emotions and limiting thoughts, and assist in connecting with the higher self. You can also extend this with a crystal on the brow, and one on the throat to support and encourage self expression.

Crystal Name:	Blue Lace Agate	Family Name:	Quartz
Meaning of name:	Descriptive name referring to pale blue banded appearance		
Composition:	Silicon dioxide (SiO ₂)		
Colour(s):	Pale blue, blue grey, white		
System:	Trigonal	Hardness/Mohs:	7
How it is found:	Blue Lace Agate is a type of microcrystalline quartz, and is never found in single crystals		
Transparency:	Opaque to semi-transluscent	Cleavage:	None. Conchoidal fracture
Environment:	Igneous		
Found in:	South Africa		