



SUE WEAVER

WEAVING A HEALING HEARTH

“I am pure white light”

Selenite is a clear or pearly form of gypsum that is named for the moon goddess, Selene.

It is very soft and can be scratched by a fingernail, so you need to take care of it and treat it gently. It is water soluble, so water cleansing methods are not suitable, but you need not worry that it will dissolve immediately. You can use smudge, but I think it really likes cleansing with pure sound, such as a singing bowl or tuning fork.

More common than the pure crystal form of Selenite is Satin Spar – a white fibrous mineral that is plentiful, inexpensive and therefore very accessible. Because of the soft nature of this stone, it is easily carved and polished into many shapes.

Selenite is truly a stone for now, as it helps us to connect with the highest frequency of pure light energy. When working with it, a wave of purity flows through us; it is clearing and cleansing, helping to remove anything that is not in harmonic resonance. It raises our consciousness/spiritual awareness and helps to change our frequency so that we can embody the new, higher frequencies that are pouring into our planet.

You may well have read that Selenite is a spiritual stone that helps us to connect with angels and higher beings, aids shamanic journeys, etc. It certainly does all of that, but what it also does is to change the nature of matter so that it can receive and hold the highest frequencies of light that have been flowing into our beloved planet, particularly since the portal of the 2012 winter solstice. We are all part of this massive shift, whether or not we are conscious of it. The cosmic energy coming to our planet is different – it has been changing for some time and will continue to do so, whatever we do. It is changing the nature of the material world. Everything is changing – very rapidly.

Being here, on Mother Earth, at this time, can often feel challenging. Daily we hear stories of terrible things that are happening, but at the same time there is a powerful energy of change coming from the centre of Creation, through us! It is imperative that we stay as clear and pure as possible. We must reject the indoctrination of greed and inequality that has held power for too long, and refuse to get caught in the fear and hopelessness that we are being fed daily. We live on a beautiful planet that has all that we need – for everyone. We can choose to align with the Light, and birth the new world, and Selenite can help at this time.

Selenite is too soft to be worn as jewellery, but you can put a tumblestone in a soft pouch to carry with you throughout your day, to keep your aura clear as you encounter negative emotions and thoughtforms, and stay aligned with the powerful positive energy that is available. If you need more than this, sweeping through your energy body, from head to toe, with a Selenite or Satin Spar wand will keep you ‘tuned up’. It is excellent for meditation to connect with higher wisdom and guidance. If you have a large Selenite, you can lie with it just touching the top of your head. Fishtail or angel wing Selenite is especially good for this. A simple tumblestone on the brow will open your consciousness to new dimensions and possibilities.

Crystal Name:	Selenite	Family Name:	Gypsum
Meaning of name:	From Selene – goddess of the moon		
Composition:	Calcium Sulphate $\text{CaSO}_4 \cdot 2\text{H}_2\text{O}$		
Colour(s):	Colourless, pearly, milky, white. Desert Rose is brownish. Selenite is also found in many colours due to the presence of other minerals.		
System:	Monoclinic	Hardness/Mohs:	2
How it is found:	Clear crystals of Selenite – some very large indeed; white fibrous Satin Spar Gypsum is also found a brown Desert Rose		
Transparency:	Transparent to opaque	Cleavage:	
Environment:	Gypsum forms as an evaporative mineral in many environments		
Found in:	Gypsum is found all over the world. Most comes to us from Mexico, Morocco and Madagascar		

